Alisha's chart of adhesions drawn from a variety of papers by Yamada and Gieger

Alisha's chart of adhesions drawn from a variety of papers by Yamada and Gieger				
	Focal contact (incomplete list)	FA	Fibrillar adhesion	Matrix adhesion
β 3 integrin ($\alpha_v\beta_3$)	+	+	-	-
α 5 integrin ($\alpha_5\beta_1$)	+?	- (periph)	+	+
β1 integrin	+?	+	+	+
FN		- (periph)	+	+
α-actinin		+	+/-	+
F-actin		+	+	+
FAK		+	-	+
P-FAK ³⁹⁷		+	-	- (tips sometimes)
Paxillin	+	+	-	+
P-Paxillin ³¹		+	-	+
Talin ^{*,%}		+	+	+
Tensin		+	+	+
Vinculin [%]	+	+	-	+
Phosphotyrosine		+	-	+
ERK				elevated
Actin Localization		Ends of SF	Long actin filaments	(no/few SF)
Length	Round	1.5	3	19
L/W ratio		3	7	40
Comments/Requirements	Initial structure	tension to form/maintain	reorganization of FN to form	soft, more than FN (prob coll and HS)

^{*}Protein levels decreased rapidly when fibroblasts plated on soft surface (Wang, JBS '03) %Expression decrased for Ecs on soft substrates (Deroane, ECR '96)